

To whom this may concern,

In Science class today, I have committed to take part in our class's WASTE-FREE LUNCH CHALLENGE this week. This means that I am going to try and create a lunch that has no garbage or even recycling! I realize that it may take more effort to make a waste-free lunch, but I am willing to help you prepare and shop for food in order to help myself achieve this goal. Here are some tips we learned in class to reduce our waste:

- We can buy bigger, bulk packages of food rather than individually-packaged servings, then put a small serving in a reusable container
- We can bring reusable plastic juice bottles rather than drink boxes or cans
- We can bring plastic sandwich containers rather than sandwich bags or plastic wrap
- Inedible, biodegradable food scraps such as apple cores and orange peels will not count as waste. However, half-eaten food will. If food is uneaten and I bring it home, it is not wasted. We can work together to decide the right size of lunch for my appetite!

Thank you for helping me in my journey towards reducing my waste!

From,

ME!